

RISTORANTE ALSTERSCHLEUSE

Mediterranean cuisine in Tangstedt near Hamburg

MENU

Ehlersberg 26, 22889 Tangstedt
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Allergens - important information

Every dish is labelled with allergen short codes. If you have allergies or intolerances, please talk to our service team - we are happy to advise you and adapt dishes where possible. (v) = vegetarian.

A	Cereals containing gluten	B	Crustaceans
C	Eggs	D	Fish
F	Soy	G	Milk / lactose
H	Tree nuts	L	Celery
M	Mustard	O	Sulphites
R	Molluscs		

CATEGORIES

Antipasti (5) · Salads (4) · Soups (2) · Pasta (5) · Fish & seafood (3) · Meat (3) · Sauces & sides (6) · Pizza (11) · For children (2) · Desserts (5) · Coffee & tea (6) · Soft drinks & juices (14) · Beer (9) · Wines (12)

OPENING HOURS

Monday	closed
Tuesday	17:00 - 22:00
Wednesday	17:00 - 22:00
Thursday	17:00 - 22:00
Friday	17:00 - 23:00
Saturday	16:00 - 23:00
Sunday	12:00 - 22:00

ANTIPASTI

Mediterranean starters - freshly prepared, bread basket with aioli included

Antipasto Misto 14,50 €

Assorted marinated vegetables, vitello tonnato, tomato with mozzarella - our house selection of starters.

Contains fish or seafood.

Allergens: C, D, G, O

Vitello Tonnato 14,50 €

Thinly sliced pink roast veal with tuna cream and capers.

Contains fish or seafood.

Allergens: C, D, G

Carpaccio di Manzo 14,50 €

Fine slices of beef with rocket, lemon and parmesan shavings.

Contains milk / lactose.

Allergens: G

Bruschetta Classica (v) 7,50 €

Toasted bread with tomatoes, onions and fresh herbs.

Vegetarian - without meat or fish.

Allergens: A

Caprese (v) 11,50 €

Tomatoes, mozzarella, basil and cold-pressed olive oil.

Vegetarian - without meat or fish.

Allergens: G

One basket of bread with aioli is included. Every further basket 2,90 €.

SALADS

Crisp salads with our house balsamic dressing

Insalata Mista (v) 8,50 €

Mixed leaf salad with tomato, cucumber, onion and our balsamic house dressing.

Vegetarian - without meat or fish.

Allergens: M, O

Insalata con Tonno 13,50 €

Mixed leaf salad with tuna, tomatoes, onions, olives and egg.

Contains fish or seafood.

Allergens: C, D, M, O

Insalata di Pomodoro (v) 7,50 €

Sliced tomatoes with red onions and basil.

Vegetarian - without meat or fish.

Allergens: O

Rucola e Parmigiano (v) 12,50 €

Rocket salad with parmesan, cherry tomatoes and pine nuts.

Vegetarian - without meat or fish.

Allergens: G, H, O

SOUPS

Warming soups from our kitchen

Zuppa di Pomodoro (v) 8,50 €

Classic Mediterranean tomato soup.

Vegetarian - without meat or fish.

Allergens: L

Zuppa di Pesce 16,50 €

Assorted fish and seafood in a lightly spiced tomato broth.

Contains fish or seafood.

Allergens: B, D, L, R

PASTA

One bowl of parmesan included - every further bowl 2,80 €

Penne all'Arrabbiata (v) 12,50 €

Penne in tomato sauce with garlic and chilli - spicy.

Prepared spicy - please tell us if you prefer it milder.

Allergens: A

Spaghetti Carbonara 15,50 €

Spaghetti with bacon, egg and cream.

Contains gluten and milk.

Allergens: A, C, G

Tagliatelle al Gorgonzola e Pignoli (v) 15,50 €

Ribbon pasta with gorgonzola, parmesan and pine nuts.

Vegetarian - without meat or fish.

Allergens: A, G, H

Spaghetti con Gamberoni 21,50 €

Spaghetti with prawns, tomato sauce and garlic - hot.

Contains fish or seafood.

Allergens: A, B

Tagliatelle con Salmone 18,50 €

Ribbon pasta with salmon in a creamy tomato sauce.

Contains fish or seafood.

Allergens: A, D, G

Pasta dishes come with a bowl of parmesan, every further bowl 2,80 €.

FISH & SEAFOOD

Fish and seafood

Filetto di Salmone al Limone 25,50 €

Freshly steamed salmon fillet with lemon butter, potatoes and salad.

Contains fish or seafood.

Allergens: D, G

Gamberoni Aglio Olio e Peperoni 29,50 €

Black tiger prawns with garlic and peppers, hot, served with salad.

Contains fish or seafood.

Allergens: B

Gamberoni alla Livornese 29,50 €

Black tiger prawns in white wine tomato sauce with capers and olives, hot, served with salad.

Contains fish or seafood.

Allergens: B, O

MEAT

Meat dishes from the Mediterranean kitchen

Bistecca alla Griglia 29,50 €

Grilled rump steak with herb butter, vegetables and potatoes.

Contains milk / lactose.

Allergens: G

Saltimbocca alla Romana 29,50 €

Veal loin with parma ham and sage in white wine, served with vegetables and mashed potatoes.

Contains milk / lactose.

Allergens: G, O

Fegato di Vitello Burro e Salvia 26,50 €

Pan-fried calf's liver with sage butter, mashed potatoes and vegetables.
Contains gluten and milk.
Allergens: A, G

SAUCES & SIDES

To order on the side

Grüne Pfeffersauce 4,60 €

Creamy green peppercorn sauce.
Contains milk / lactose.
Allergens: G

Champignons (v) 4,60 €

Sauce with fresh mushrooms.
Vegetarian - without meat or fish.
Allergens: G

Gorgonzola (v) 4,60 €

Savoury gorgonzola sauce.
Vegetarian - without meat or fish.
Allergens: G

Tagesgemüse (v) 3,90 €

Fresh vegetables of the day.
Vegetarian - without meat or fish.

Kartoffeln (v) 3,90 €

Homemade potato side.
Vegetarian - without meat or fish.

Kleiner Salat (v) 4,50 €

Small mixed side salad.
Vegetarian - without meat or fish.
Allergens: M, O

PIZZA

From the stone oven - extra toppings at a surcharge

Margherita (v) 10,50 €

Tomato sauce, cheese, basil.
Vegetarian - without meat or fish.
Allergens: A, G

Funghi (v) 12,50 €

Tomato sauce, cheese, mushrooms.
Vegetarian - without meat or fish.
Allergens: A, G

Salame 13,50 €

Tomato sauce, cheese, salami.
Contains gluten and milk.
Allergens: A, G

Pizza Prosciutto 13,50 €

Tomato sauce, cheese, cooked ham.
Contains gluten and milk.
Allergens: A, G

Prosciutto e Funghi 14,50 €

Tomato sauce, cheese, cooked ham, mushrooms.
Contains gluten and milk.
Allergens: A, G

Tonno e Cipolla 14,50 €

Tomato sauce, cheese, tuna, red onions.
Contains fish or seafood.
Allergens: A, D, G

Vegetariana (v) 14,50 €

Tomato sauce, cheese, assorted vegetables.
Vegetarian - without meat or fish.
Allergens: A, G

Diavola 14,50 €

Tomato sauce, cheese, spicy salami (spianata calabrese piccante).
Prepared spicy - please tell us if you prefer it milder.
Allergens: A, G

Spinaci e Gorgonzola (v) 14,50 €

Tomato sauce, cheese, spinach, gorgonzola.
Vegetarian - without meat or fish.
Allergens: A, G

Hawai 13,50 €

Tomato sauce, cheese, cooked ham, pineapple.

Contains gluten and milk.

Allergens: A, G

Alsterschleuse 16,50 €

Tomato sauce, cheese, parma ham, rocket, parmesan shavings - our house pizza.

Contains gluten and milk.

Allergens: A, G

FOR CHILDREN

For our youngest guests only - small portions

Pizza Bambini 7,50 €

Margherita or salami or prosciutto.

Contains gluten and milk.

Allergens: A, G

Pasta Bambini (v) 7,50 €

Penne with butter or tomato sauce or cream sauce.

Vegetarian - without meat or fish.

Allergens: A, G

DESSERTS

Homemade desserts

Tiramisu (hausgemacht) (v) 9,50 €

Sponge fingers soaked in coffee and amaretto with mascarpone.

Vegetarian - without meat or fish.

Allergens: A, C, G, H

Mousse au Chocolat (hausgemacht) (v) 9,50 €

Chocolate mousse made from dark chocolate.

Vegetarian - without meat or fish.

Allergens: C, G, F

Pannacotta (hausgemacht) (v) 8,50 €

Cooked cream with vanilla and orange zest, served with fruit sauce.

Vegetarian - without meat or fish.

Allergens: G

Tartufo Nero (v) 8,50 €

Semifreddo chocolate truffle with a zabaione core and hazelnut.
Vegetarian - without meat or fish.
Allergens: C, G, H

Kugel Vanilleeis oder Zitronensorbet (v) 3,50 €

One scoop of vanilla ice cream or refreshing lemon sorbet.
Vegetarian - without meat or fish.
Allergens: C, G

COFFEE & TEA

Italian coffee to finish

Espresso (v) 3,20 €

Italian espresso.
Vegetarian - without meat or fish.

Espresso Macchiato (v) 3,20 €

Espresso with a dash of milk foam.
Vegetarian - without meat or fish.
Allergens: G

Espresso Doppio (v) 4,90 €

Double espresso.
Vegetarian - without meat or fish.

Cappuccino (v) 3,90 €

Espresso with steamed milk foam.
Vegetarian - without meat or fish.
Allergens: G

Latte Macchiato (v) 4,50 €

Layered hot milk with espresso.
Vegetarian - without meat or fish.
Allergens: G

Tee (v) 3,20 €

Black, peppermint, fruit or camomile.
Vegetarian - without meat or fish.

SOFT DRINKS & JUICES

Non-alcoholic drinks

San Pellegrino (mit Kohlensäure) (0,75 L) (v) 6,90 €

Italian sparkling mineral water.

Vegetarian - without meat or fish.

Aqua Panna (still) (0,75 L) (v) 6,90 €

Italian still water.

Vegetarian - without meat or fish.

San Pellegrino (mit Kohlensäure) (0,25 L) (v) 3,20 €

Italian sparkling mineral water.

Vegetarian - without meat or fish.

Aqua Panna (still) (0,25 L) (v) 3,20 €

Italian still water.

Vegetarian - without meat or fish.

Coca-Cola, Cola Zero, Fanta, Sprite, Spezi (0,3 L) (v) 3,50 €

Soft drinks.

Vegetarian - without meat or fish.

Coca-Cola, Cola Zero, Fanta, Sprite, Spezi (0,4 L) (v) 4,20 €

Soft drinks.

Vegetarian - without meat or fish.

Ginger Ale (0,2 L) (v) 3,20 €

Refreshingly dry.

Vegetarian - without meat or fish.

Bitter Lemon (0,2 L) (v) 3,20 €

Citrus fresh.

Vegetarian - without meat or fish.

Tonic Water (0,2 L) (v) 3,20 €

Classic tonic.

Vegetarian - without meat or fish.

Apfelsaft (0,3 L) (v) 4,20 €

Cloudy apple juice.

Vegetarian - without meat or fish.

Orangensaft (0,3 L) (v) 4,20 €

Fruity orange juice.
Vegetarian - without meat or fish.

Rhabarbersaft (0,3 L) (v) 4,20 €

Rhubarb juice.
Vegetarian - without meat or fish.

Saftschorle (0,3 L) (v) 3,60 €

Juice with sparkling water.
Vegetarian - without meat or fish.

Saftschorle (0,4 L) (v) 4,60 €

Juice with sparkling water.
Vegetarian - without meat or fish.

BEER

On tap and bottled

Stauder Pils vom Fass (0,3 L) (v) 3,90 €

Freshly tapped.
Vegetarian - without meat or fish.
Allergens: A

Stauder Pils vom Fass (0,4 L) (v) 4,90 €

Freshly tapped.
Vegetarian - without meat or fish.
Allergens: A

Borbecker Dunkel vom Fass (0,3 L) (v) 3,90 €

Dark beer on tap.
Vegetarian - without meat or fish.
Allergens: A

Borbecker Dunkel vom Fass (0,4 L) (v) 4,90 €

Dark beer on tap.
Vegetarian - without meat or fish.
Allergens: A

Stauder alkoholfrei (0,33 L) (v) 3,60 €

Alcohol-free pils.
Vegetarian - without meat or fish.
Allergens: A

Erdinger Weizenbier (0,5 L) (v) 5,20 €

Bavarian wheat beer.
Vegetarian - without meat or fish.
Allergens: A

Erdinger Weizen alkoholfrei (0,5 L) (v) 5,20 €

Alcohol-free wheat beer.
Vegetarian - without meat or fish.
Allergens: A

Alsterwasser (0,3 L) (v) 3,90 €

Beer with lemonade.
Vegetarian - without meat or fish.
Allergens: A

Alsterwasser (0,4 L) (v) 4,90 €

Beer with lemonade.
Vegetarian - without meat or fish.
Allergens: A

We also serve Italian wines - primitivo, chianti, prosecco and more. The current wine list is available in the restaurant.

WINES

Italian red, white and sparkling wines - by the bottle and by the glass

Primitivo di Manduria (0,75 L) 24,90 €

Full-bodied red wine from Apulia, rich and fruity.
Please ask us about intolerances.
Allergens: O

Primitivo di Manduria (0,2 L) 6,90 €

Full-bodied red wine from Apulia, rich and fruity.
Please ask us about intolerances.
Allergens: O

Chianti Classico (0,75 L) 26,90 €

Tuscan classic, dry and elegant.
Please ask us about intolerances.
Allergens: O

Chianti Classico (0,2 L) 7,40 €

Tuscan classic, dry and elegant.
Please ask us about intolerances.
Allergens: O

Nero d'Avola (0,75 L) 22,90 €

Sicilian red wine with fine berry notes.
Please ask us about intolerances.
Allergens: O

Nero d'Avola (0,2 L) 6,40 €

Sicilian red wine with fine berry notes.
Please ask us about intolerances.
Allergens: O

Pinot Grigio Alto Adige (0,75 L) 23,90 €

Fresh, dry white wine from South Tyrol.
Please ask us about intolerances.
Allergens: O

Pinot Grigio Alto Adige (0,2 L) 6,60 €

Fresh, dry white wine from South Tyrol.
Please ask us about intolerances.
Allergens: O

Vermentino di Sardegna (0,75 L) 24,90 €

Light, mineral white wine from Sardinia.
Please ask us about intolerances.
Allergens: O

Vermentino di Sardegna (0,2 L) 6,80 €

Light, mineral white wine from Sardinia.
Please ask us about intolerances.
Allergens: O

Prosecco DOC (0,75 L) 21,90 €

Sparkling wine from Veneto.
Please ask us about intolerances.
Allergens: O

Pinot Rosé (0,75 L) 19,90 €

Fruity rosé, ideal as an aperitif.
Please ask us about intolerances.
Allergens: O

Wine recommendations and matching glasses available on request.